

# Lifting Hands

Season of Worship – Part 1  
12.6.15 – New Life Church  
Pastor Jim Von Wald

**Matthew 2:1-2 (NLT)** *Jesus was born in Bethlehem in Judea, during the reign of King Herod. About that time some wise men from eastern lands arrived in Jerusalem, asking, <sup>2</sup> “Where is the newborn king of the Jews? We saw his star as it rose, and we have come to worship him.”*

## I. Lifting hands expresses gratitude.

**Psalms 63:1-4 (NIV)** *O God, you are my God, earnestly I seek you; my soul thirsts for you, my body longs for you, in a dry and weary land where there is no water. <sup>2</sup> I have seen you in the sanctuary and beheld your power and your glory. <sup>3</sup> Because your love is better than life, my lips will glorify you. <sup>4</sup> I will praise you as long as I live, and in your name I will lift up my hands.*

## II. Lifting hands defeats pride.

**1 Timothy 2:8 (NLT)** *In every place of worship, I want men to pray with holy hands lifted up to God, free from anger and controversy.*

## III. Lifting hands draws us to God.

**James 4:8 (TLB)** *And when you draw close to God, God will draw close to you.*

#### IV. Lifting hands is an offering.

**Psalm 141:2 (NLT)** *Accept my prayer as incense offered to you, and my upraised hands as an evening offering.*

#### V. Lifting hands declares war.

**Exodus 17:10-13 (NLT)** *So Joshua did what Moses had commanded and fought the army of Amalek. Meanwhile, Moses, Aaron, and Hur climbed to the top of a nearby hill. <sup>11</sup> As long as Moses held up the staff in his hand, the Israelites had the advantage. But whenever he dropped his hand, the Amalekites gained the advantage. <sup>12</sup> Moses' arms soon became so tired he could no longer hold them up. So Aaron and Hur found a stone for him to sit on. Then they stood on each side of Moses, holding up his hands. So his hands held steady until sunset. <sup>13</sup> As a result, Joshua overwhelmed the army of Amalek in battle.*

#### VI. Lifting hands signifies....

A. Surrender.

B. Victory.

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