

2018 One Word
1.7.18 – New Life Church
Pastor Tina Von Wald

Just _____ .
#2018oneword

Key Verse: Colossians 3:17

Acts 17:30 (NLT)

"God overlooked people's ignorance about these things in earlier times, but now he commands everyone everywhere to repent of their sins and turn to him.

Acts 17:30 (MSG)

"God overlooks it as long as you don't know any better—but that time is past. The unknown is now known, and he's calling for a radical life-change.

1. Focus on _____ rather than _____.

Psalm 139:23-24 (NLT) *Search me, O God, and know my heart; test me and know my anxious thoughts.²⁴ Point out anything in me that offends you, and lead me along the path of everlasting life.*

Journal Suggestions

Spend some time imagining what you want your life to look like. What kind of person do you really want to be at the end of 2018? What do you want the condition of your heart and your relationships to be? Write out the mental picture you imagine.

Write down the characteristics of that person you want to become. Describe him. What's her heart like? What character traits does he have? What drives her? What are his best qualities?

- ❑ Make a list of words that sum up that description. It can include nouns (such as peace or joy), adjectives (like thoughtful or brave), verbs (like create or pause) or even prepositions (like with or in).
- ❑ Then whittle your list down to the few words that resonate most with you. Take some time to look them up in the dictionary, thesaurus, inspirational quotes, or the Bible. Really dive into the true meaning of each word.
- ❑ Turn them over and over in your heart and mind. Give yourself time to mull over your short list. Try them on—get a sense of what it would be like to intentionally pursue them.
- ❑ Take a deep breath and commit. Just go ahead and decide. Remember that there's no right or wrong answer here. Simply follow the prompting you sense.

2. Be _____.

Galatians 6:4 (MSG)

Make a careful exploration of who you are and the work you have been given, and then sink yourself into that. Don't be impressed with yourself. Don't compare yourself with others.

3. Don't _____ it .

Nehemiah 6:3 (NLT) ...so I replied by sending this message to them: "I am engaged in a great work, so I can't come. Why should I stop working to come and meet with you?"

Colossians 3:16-17 (NLT) Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts. ¹⁷ And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father.

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"God overlooks it as long as you don't know any better—but that time is past. The unknown is now known, and he's calling for a radical life-change.

1. Focus on being rather than doing.

Psalm 139:23-24 (NLT) *Search me, O God, and know my heart; test me and know my anxious thoughts. ²⁴ Point out anything in me that offends you, and lead me along the path of everlasting life.*

Journal Suggestions

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2. Be authentic.

Galatians 6:4 (MSG)

Make a careful exploration of who you are and the work you have been given, and then sink yourself into that. Don't be impressed with yourself. Don't compare yourself with others.

3. Don't overthink it .

Nehemiah 6:3 (NLT) ...so I replied by sending this message to them: "I am engaged in a great work, so I can't come. Why should I stop working to come and meet with you?"

Colossians 3:16-17 (NLT) Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts. ¹⁷ And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father.