

2019 One Word
1.6.19 – New Life Church
Pastor Tina Von Wald
#2019oneword

I. It's the small things that make a difference.

Look Up Verse: Zechariah 4:6

II. Use the power source.

Zechariah 4:7 (TLB) *Therefore no mountain, however high, can stand before Zerubbabel! For it will flatten out before him! And Zerubbabel will finish building this Temple with mighty shouts of thanksgiving for God's mercy, declaring that all was done by grace alone."*

Zechariah 4:10 (NLT2)

Do not despise these small beginnings, for the LORD rejoices to see the work begin, to see the plumb line in Zerubbabel's hand."

III. Tools to achieve your One Word.

A. Create an If-Then plan.

B. Steps for Your if-then plans

1. One word at a time.

2. Set a target goal.

3. Create mini-goals.

4. Set a baseline.

5. Spitball ideas.

6. Track your bad habit.

7. Develop a replacement habit.

Luke 11:24-26 (CSB) *“When the unclean spirit has gone out of a person, it passes through waterless places seeking rest, and finding none it says, ‘I will return to my house from which I came.’ And when it comes, it finds the house swept and put in order. Then it goes and brings seven other spirits more evil than itself, and they enter and dwell there. And the last state of that person is worse than the first.”*

8. Set a firm start date.

9. Use failures to refine the if-then plan.

Psalm 139:23-24 (NLT) *Search me, O God, and know my heart; test me and know my anxious thoughts. ²⁴ Point out anything in me that offends you, and lead me along the path of everlasting life.*

Colossians 3:16-17 (NLT)

Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts. ¹⁷ And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father.

2019 One Word
1.6.19 – New Life Church
Pastor Tina Von Wald
#2019oneword

I. It's the _____ that make a difference.

Look Up Verse: Zechariah 4:6

II. Use the _____.

Zechariah 4:7 (TLB) *Therefore no mountain, however high, can stand before Zerubbabel! For it will flatten out before him! And Zerubbabel will finish building this Temple with mighty shouts of thanksgiving for God's mercy, declaring that all was done by grace alone."*

Zechariah 4:10 (NLT2)

Do not despise these small beginnings, for the LORD rejoices to see the work begin, to see the plumb line in Zerubbabel's hand."

III. _____ to achieve your One Word.

A. Create an _____ plan.

B. Steps for Your _____ plans

1. One _____ at a time.

2. Set a _____ goal.

3. Create _____.

4. Set a _____.

5. _____ ideas.

6. _____ your bad habit.

7. Develop a _____ habit.

Luke 11:24-26 (CSB) *“When the unclean spirit has gone out of a person, it passes through waterless places seeking rest, and finding none it says, ‘I will return to my house from which I came.’ And when it comes, it finds the house swept and put in order. Then it goes and brings seven other spirits more evil than itself, and they enter and dwell there. And the last state of that person is worse than the first.”*

8. Set a firm _____.

9. Use _____ to refine the if-then plan.

Psalm 139:23-24 (NLT) *Search me, O God, and know my heart; test me and know my anxious thoughts. ²⁴ Point out anything in me that offends you, and lead me along the path of everlasting life.*

Colossians 3:16-17 (NLT)

Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts. ¹⁷ And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father.